

Please Send Entry Form & Fee to the
Worthman Fitness Center
1100 Mercer Ave. Decatur, IN 46733

Make Checks Payable to
Adams County Run/Walk Challenge

Please circle the race types you intend
to compete in.

Run Over Violence	5K
Monroe Lions Club	5K
Swiss Days	5K
Catch Your Breath	8K 5K
Callithumpian Canter	5K
Rainbow Lake	5K

Waiver and Release

The signing of this entry blank and the participation in the Adams County Run/Walk Challenge is with full knowledge of the risks involved therein and the undersigned individually and/or as parent or guardian assumes the risks of injury, sickness, or health defect including death, resulting from or received during participation in the races, and further releases and agrees to save harmless Adams County Race Directors from any liability, damage, claim, or judgment that may result or arise from the participation of the participant in this race.

Signature

Parent's Signature if under 18

Adams County Run/Walk Challenge
Sponsored By the

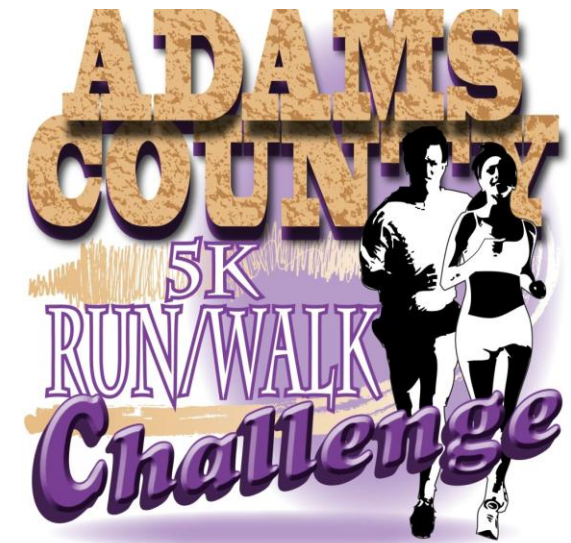
*Adams County
Community Foundation*

www.AdamsCountyFoundation.org



For more information, contact the
Worthman Fitness Center
Adams Memorial Hospital
260-724-2145 ext. 1537
1100 Mercer Ave. Decatur, IN

*Adams County
Community Foundation*



2010

Run Over Violence 5K
Monroe Lions Club 5K
Swiss Days 5K
Catch Your Breath 8K/5K
Callithumpian Canter 5K
Rainbow Lake 5K

How Do I Join?

- Register for the County Challenge prior to the first event at the Worthman Fitness Center at the Adams Memorial Hospital.
- Registration will continue at the first 3 events.
- Fill out one form & be pre-registered for all 6 races.
- One discounted rate of \$80. Payable at registration. Rate will be pro-rated for late registration.
- Receive a county wide dri-fit t-shirt. Plus receive a shirt for every event participated in.
- Once registration is complete, county challenge shirts will be available at your next event.
- Limited to first 100 entries.

How Do I Win?

- Must participate in 4 of the 6 events.
- Earn 7 participation points for each race.
- Earn additional points for placing in your age group.
- Awards given 3 deep in each age group.
- Awards to be presented at the Rainbow Lake 5K.

Age Groups	Scoring Per Age Group	
	Place	Points
14 & Under		
15 – 19	1 st	11
20 – 24	2 nd	9
25 – 29	3 rd	8
30 – 34	4 th	7
35 – 39	5 th	6
40 – 44	6 th	5
45 – 49	7 th	4
50 – 54	8 th	3
55 – 59	9 th	2
60 & Over	10 th	1

The Events

Run Over Violence 2nd Annual Run/Walk/Family Stroll 5K & Kids Fun Run

Saturday, May 1, 9:00 am
Adams Memorial Hospital, Decatur, Indiana
Contact: Angie Gunsett 260-728-9800

Monroe Lions Club 5K Run/Walk

Saturday, June 5, 8:15 am
East Side of Adams Central, Monroe, Indiana
Contact: Carol Bowers 260-692-6819

Swiss Days 36th Annual 5K & Kids 1 Mile

Saturday, July 31, 8:15 am
Jefferson St. Berne, Indiana
Contact: Jack Shoaf 260-589-2151

Catch Your Breath 8K & 5K Walk/Run & Kids 1 Mile

Sunday, September 12, 2:00 pm
River Greenway Trailhead at Evergreen, Decatur, Indiana
Contact: Laurissa Dalrymple 260-724-2145 ext. 1537

Callithumpian Canter 5K & 1 Mile Fun Run

Sunday, October 31, 2:00 pm
Bellmont High School, Decatur, Indiana
Contact: Linda Morris 260-724-2604

Rainbow Lake 5K

Saturday, November 27, 10:00 am
Limberlost Cabin, Geneva, Indiana
Contact: Clint Anderson 260-589-2101

Scoring will be kept by race directors and will be available at subsequent races and on the web at the Adams County Community Foundation.

www.AdamsCountyFoundation.org

Adams County Run/Walk Challenge

Entry Form

Name: _____

Birthday: _____

Age as of 11/17/10: _____

Sex: M F _____

Address: _____

Phone Number: _____

Email: _____

Emergency Contact: _____

Phone Number: _____

Challenge Dri-fit

Shirt Size: Adult: S M L XL

Challenge shirt sizes not guaranteed after May 1.

Events

Shirt Size: Adult: S M L XL XXL

This form pre-registers the participant for all 6 Adams County Races.

Entrv Fee: \$80