

Please Send Entry Form & Fee to the  
Worthman Fitness Center  
1100 Mercer Ave. Decatur, IN 46733

Make Checks Payable to  
Adams County Run/Walk Challenge

## Waiver and Release

The signing of this entry blank and the participation in the Adams County Run/Walk Challenge is with full knowledge of the risks involved therein and the undersigned individually and/or as parent or guardian assumes the risks of injury, sickness, or health defect including death, resulting from or received during participation in the races, and further releases and agrees to save harmless Adams County Race Directors from any liability, damage, claim, or judgment that may result or arise from the participation of the participant in this race.

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**Signature**

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**Parent's Signature if under 18**

Adams County Run/Walk Challenge  
Sponsored By the

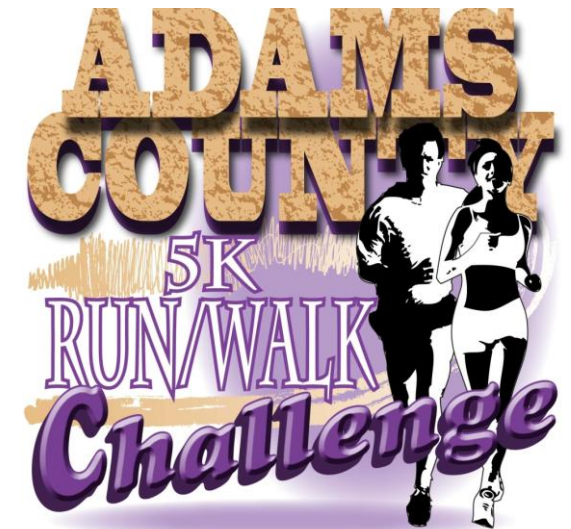
*Adams County  
Community Foundation*

[www.AdamsCountyFoundation.org](http://www.AdamsCountyFoundation.org)



For more information, contact the  
Worthman Fitness Center  
Adams Memorial Hospital  
260-724-2145 ext. 1537  
1100 Mercer Ave. Decatur, IN

*Adams County  
Community Foundation*



**2011**

Run Over Violence 5K  
Monroe Lions Club 5K  
Swiss Days 5K  
Edward Jones/Kekionga Greenway Gallop 5K  
Catch Your Breath 5K  
Callithumpian Canter 5K  
Rainbow Lake 5K

## How Do I Join?

- Register for the County Challenge prior to the first event at the Worthman Fitness Center at Adams Memorial Hospital or at the First Bank of Berne Main Office located in downtown Berne.
- Registration will continue at the first 3 events.
- Fill out one form & be pre-registered for all 7 races.
- One discounted rate of \$95. Payable at registration. Rate will be pro-rated for late registration.
- Receive a county wide dri-fit t-shirt. Plus receive a shirt for every event participated in.
- Once registration is complete, county challenge shirts will be available at your next event.
- Limited to first 100 entries.

## How Do I Win?

- Must participate in 5 of the 7 events.
- Earn 7 participation points for each race.
- Earn additional points for placing in your age group.
- Awards given 3 deep in each age group.
- Awards to be presented at the Rainbow Lake 5K.

Age Groups	Scoring Per Age Group	
	Place	Points
14 & Under		
15 – 18	1 <sup>st</sup>	11
19 – 29	2 <sup>nd</sup>	9
30 – 39	3 <sup>rd</sup>	8
40 – 49	4 <sup>th</sup>	7
50 – 59	5 <sup>th</sup>	6
60 – 69	6 <sup>th</sup>	5
70+	7 <sup>th</sup>	4
	8 <sup>th</sup>	3
	9 <sup>th</sup>	2
	10 <sup>th</sup>	1

## The Events

### Run Over Violence

#### 3<sup>rd</sup> Annual Run/Walk/Family Stroll 5K & Kids Fun Run

Saturday, April 30, 9:00 am  
 Adams Memorial Hospital, Decatur, Indiana  
 Contact: Angie Gunsett 260-728-9800

#### Monroe Lions Club 5K Run/Walk

Saturday, June 4, 8:15 am  
 East Side of Adams Central, Monroe, Indiana  
 Contact: Carol Bowers 260-692-6819

### Swiss Days

#### 37<sup>th</sup> Annual 5K & Kids 1 Mile

Saturday, July 30, 8:15 am  
 Jefferson St. Berne, Indiana  
 Contact: CeAnn Weaver 260-589-2151

#### Edward Jones/Kekionga Greenway Gallop 5K

Sunday, August 28, 1:30 pm  
 Location TBA  
 Contact: Linda Morris 260-724-2604

### Catch Your Breath

#### 8K & 5K Walk/Run & Kids 1 Mile

Sunday, September 11, 2:00 pm  
 River Greenway Trailhead at Evergreen, Decatur, Indiana  
 Contact: Alexa Markley 260-724-2145 ext. 1537

#### Callithumpian Canter 5K & 1 Mile Fun Run

Sunday, October 30, 2:00 pm  
 Bellmont High School, Decatur, Indiana  
 Contact: Linda Morris 260-724-2604

#### Rainbow Lake 5K

Saturday, November 26, 10:00 am  
 Limberlost Cabin, Geneva, Indiana  
 Contact: Clint Anderson 260-589-2101

Scoring will be kept by race directors and will be available at subsequent races and on the web at the Adams County Community Foundation.

[www.AdamsCountyFoundation.org](http://www.AdamsCountyFoundation.org)

## Adams County Run/Walk Challenge

### Entry Form

Name: \_\_\_\_\_

DOB: \_\_\_\_\_

\*Note: Your age when starting the challenge will be your age for the remainder of the challenge races

Sex: M F \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Phone Number: \_\_\_\_\_

#### Challenge Dri-Fit

Shirt Size: Adult: S M L XL

Challenge shirt sizes not guaranteed after May 1.

#### Events

Shirt Size: Adult: S M L XL XXL

This form pre-registers the participant for all 7 Adams County Races.

Entry Fee: \$95